



Vol. 16 No. 9 December 2004 - January 2005

Ela Township "55 Plus"

Ela Township Senior Services

Sue Neuschel, Director of Adult & Senior Services

From the Desk of Sue Neuschel

Christmas and Chanukah are almost upon us and that means more events will crowd our calendars. As regular family obligations mingle with the extras that the holidays bring like holiday baking, gift giving and visiting, it can be overwhelming. When things in your life seem almost too much to handle, when 24 hours in a day are not enough, remember the mayonnaise jar...and the coffee...my gift to you from "Words of Wisdom" by an unknown author.

The Mayonnaise Jar and Coffee

A professor stood before his philosophy class and had some items in front of him. When the class began, wordlessly, he picked up a very large and empty mayonnaise jar and proceeded to fill it with golf balls. He then asked the students if the jar was full. They agreed that it was. So the professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles rolled into the open areas between the golf balls. He then asked the students again if the jar was full. They agreed it was.

The professor next picked up a jar of sand and poured it into the jar. Of course, the sand filled up everything else. He asked once more if the jar was full. The students responded with a unanimous "yes."

The professor then produced two cups of coffee from under the table and poured the entire contents into the jar, effectively filling the empty space between the sand. The students laughed.

"Now," said the professor, as the laughter subsided, "I want you to recognize that this jar represents your life. The golf balls are the important things-your God, family, your children, your health, your friends, and your favorite passions-things that if everything else was lost and only they remained, your life would still be full. The pebbles are the other things that matter like your job, your house, and your car. The sand is everything else-the small stuff. If you put the sand into the jar first," he continued, "The same goes for life." If you spend all your time and energy on the small stuff, you will never have room for the things that are critical to your happiness. Play with your children. Take time to get medical checkups. Take your partner out to dinner. There will always be time to clean the house and fix the disposal. Take care of the golf balls first, the things that really matter.

Set your priorities. The rest is just sand."

One of the students raised her hand and inquired what the coffee represented. The professor smiled. "I'm glad you asked. It just goes to show you that no matter how full your life may seem, there's always room for a couple of cups of coffee with a friend."

Happy Holidays,
Sue Neuschel, Joanne Schultz, Nancy Newman,
Connie Bellio, Pat Jansen & Lynn Neumaier

TRIPS TRIPS TRIPS TRIPS TRIPS TRIPS TRIPS

Happy Holidays Show and Dinner Dance
Friday, December 3rd, 6 p.m.-9:30 p.m.,
St Francis de Sales Church,
11 S. Buesching Road, Lake Zurich, IL



Ela Township "55 Plus" is proud to announce the 2004 Ela Township "Happy Holiday Dinner Dance for all Ela Township residents age 55 and older. First, The Chicago Glee

Club will set the festive mood with some of the Season's favorite songs. The Chicago Glee Club is the second oldest male choral group in the United States and is composed of thirty-five male singers. They enjoy expressing their musical talent in harmony and in service to those who enjoy choral music.

Then, our traditional Marcie Night and the

Night Express Big Band will follow with music to get your feet tapping. The band will bring back memories of the big band sounds that entertained our nation. Our entertainment for this evening is sponsored by Cambridge Bank and Village Bank and Trust.

Santa will pay us a visit to distribute holiday cheer. His sleigh is bursting with wonderful door prizes. It promises to be a great party with a very special menu: turkey, dressing, mashed potatoes, cranberry sauce, vegetables, holiday cake, and beverage. There is no charge for the Happy Holidays Show and Dinner Dance, but you must pre-register on the reservation form located at the back of this newsletter. (If you have previously registered by phone at the Town Hall before November 5th, you do not have to fill out the reservation form for the Holiday Party.) If you need a ride, please call Ela Township Dial-A-Ride at 1-847-438-2371. In the spirit of the season, we ask that you bring either a donation of canned goods or a \$2.00 cash donation for the St. Francis de Sales food pantry. These donations make the season brighter for so many needy families in our community.

"Aladdin, the Musical," Tuesday,
December 28, Intergenerational Trip,
Marriott Theater, Lincolnshire, 10 a.m.



Soar on a magic carpet with Aladdin and his best friend- a chimp named Cashew-as he

encounters one adventure after another at the hands of the wise-cracking Genie. Will the mischievous Aladdin outsmart the evil magician Malaki and rescue the beautiful princess Zenobia? It's a magic carpet ride you don't want to miss.

This year the show will be on Tuesday, December 28, two days after Christmas Day, with a 10:00 a.m. show time. There are a limited number of tickets for "Aladdin," and the cost is only \$2.00 per person, plus a canned or boxed food donation for our local food pantry. **Please sign up for this event by checking off the reservation form and bringing in your checks and canned goods in advance to the Senior Center.** Your tickets will be available for pick up at the theater that morning. You will also receive a complimentary game and prize bag for each child attending the performance.

— Happy Holidays —

SPECIAL EVENTS SPECIAL EVENTS SPECIAL EVENTS

Here's what is happening at our DROP IN CAFÉ



On Mondays and Tuesdays, we have opened a Drop-in Café at the Ela Township Senior Center. An advance reservation for these meals is not necessary. Members are encouraged to drop in before or after activities to enjoy soup and sandwich, the specialty meal of the day on Mondays, and Hot Dog Day on Tuesdays.

- Monday, Dec. 6 - Ham & cheese sandwich, chicken & rice soup, pears, cherry pie
- Monday, Dec. 13 - Beef stew, corn muffins, tossed salad, ice cream sundaes
- Monday, Dec. 20 - Grilled cheese sandwich, tomato soup, peaches, angel food cake with fruit
- Monday, Dec. 27 - Spaghetti, Italian bread, tossed salad, lemon pie
- Monday, Jan. 3 - Bean soup, rolls, fruit, cake & ice cream
- Monday, Jan. 10 - Pea soup, ham & cheese sandwich, fruit cocktail, & ice cream sandwiches
- Monday, Jan. 17 - Tuna sandwich, chicken soup, fruit & chocolate cake
- Monday, Jan. 24 - Beef stew, rolls, tossed salad, and pie
- Monday, Jan. 31 - Turkey sandwich, soup, fruit, pumpkin pie

All Tuesdays have hot dog & fixings, chips, pickles, salads, and special desserts.

Bucca di Beppo Restaurant & Jim Sieg, Wheeling, Thursday, January 13, 11:30 a.m. – 1:30 p.m.



Some time shortly after World War II, the United States welcomed a vast wave of immigrants from Southern Italy. Most carried with them little more than a suitcase, but they brought to America a culinary heritage and a zest for life. Buca de Beppo, which literally means Joe's basement, continues this tradition of family-run restaurants where Neapolitan pizzas as big as bathtubs, whole chicken cacciatore, and pastas and salads spilling over from family platters. Our menu consists of: Mixed green salad, chicken with lemon, spaghetti and meat sauce, and Tiramisu. Our singer and guitar player Jim Sieg, will regale us as Kenny Rogers, John Denver, and Willie Nelson. Some songs he will feature are Kenny Roger's "Lucille" and "The Gambler", Willy Nelson's "Blue Eyes Crying In The Rain, John Denver's "Country Roads" & "Back Home Again", along with special requests. The fee for the luncheon and entertainment is \$15.00 per member and \$18.00 per guest.

A confirmation letter and directions will be sent to each registrant.

Nightclub in the Afternoon & Luncheon, Ela Area Library, Friday, January 28, time????- \$4.00 per person

Do not have the photo for this event

Singer Mary Ann Riehl will perform the popular standards of the 20's, 30's and 40's with her trio of musicians on the piano, bass and drums during this nostalgic afternoon program. Ms. Riehl has toured Europe for the Armed Forces Radio and performed on *The Lawrence Welk Show*. A catered lunch before the show will be available for \$4.00 per person. Our luncheon will consist of a lovely catered lunch with two choices: 1. Turkey club sandwich, fruit cup, salad, and dessert and 2. Beef

eaters wrap, fruit cup, salad, and dessert. There is a \$4.00 charge. This event is co-sponsored by Ela Township "55 Plus" and Ela Area Public Library

Red Hat Society, Ela's Diva's Meeting at the Ela Township Senior Center, Foglia "YMCA", Fri., Dec. 10. & Fri., Jan. 7

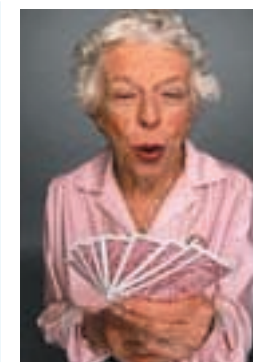


Ela's Diva's are invited to our monthly meeting in December held at the Ela Township Senior Center. This meeting will begin at 10:30 a.m. During this meeting we will enjoy fun, friendship and conversation. Red Hat members are asked to bring a "funny", "stupid" or "odd" white elephant gift in December for a rousing game of dirty grab bag.

The January meeting will consist of a High Tea, including finger sandwiches-tuna, egg & chicken salad, cucumber tea sandwiches & assorted desserts and, of course, tea. This will be followed by a book review performance by Susan Kohl Jankowski on *Treasured Toppers*. This hour long performance includes history, nostalgia, music and fashion from 1900 to the present. Men and women's fashion hats are used to take a look at the 20th century. There will only be a \$2.00 fee for Ela's Divas for this event, who are paid up on their monthly dues. Other members and visitors will pay \$6.00 per person. You must pre-register for this event. This January meeting will begin at 11:00 a.m..

Wednesday Senior Club, Ela Township Senior Center, Foglia YMCA, All Wednesdays in December and January, 12 noon-4 p.m.

The Wednesday Senior Club, under the umbrella of "55 Plus", has a differ-



ent format than other groups that meet regularly at the Senior Center. The Wednesday Senior Club meets every Wednesday in the Senior Center from 12 noon to 4 p.m.

Fellowship and games are available at these meetings. Elected Advisory Council Members select monthly outings and special events. Trips are to local destinations on school buses donated by Lake Zurich and are reasonably priced to members. There are membership requirements and fees. For further information call Jake Reiser, President, at 847-540-0307. All members of the Wednesday Senior Club must also be registered as members of the Ela Township "55 Plus."

Cajun Hot, Hot, Hot for Chicago's Cold, Cold, Cold, Sunday, January 30, Ela Area Public Library, 2:30 to 4 p.m.



Escape Chicago's cold and "Pass A Good Time" when the Midway Ramblers, an authentic Cajun band based in Chicago, comes to the Ela Area Public Library for this family event co-sponsored with the library. Featuring lively two-steps, lyrical waltzes, Cajun blues and zydeco. The band which has lived and studied in Louisiana with legends of Cajun music has perfected that special Cajun sound. In addition to the exciting Cajun sound, delicious Cajun goodies will be provided.

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SPECIAL EVENTS SPECIAL EVENTS SPECIAL EVENTS

ed by Julio's Latin Café.

The Midway Ramblers maintain a very active schedule playing major festivals throughout the Midwest, including Taste of Chicago, Gumbo Ya Ya, and Evanston First Night, as well as clubs such as The House of Blues, Fitzgerald's, Shuba's and Founders Hill Brewing Company. The Ramblers have appeared at Brookfield Zoo under the sponsorship of American Airlines for events at "The Swamp" and the Rhythm and Roots Festival '98, '99, '00. They also present educational programs on the Cajuns for social groups and schools ranging from elementary to university. The Old Town School of Folk Music presented The Ramblers for an evening of music and culture in the fall of '99. They have appeared on WGN-TV, "190 North" with Janet Davies, on WLS-TV, on "Contempo" with Bobbie Markbreit, and on WLWU-FM (Loyola University Radio). They have been featured in The Chicago Tribune, River North News, and several issues of the Reporter Progress Newspapers. This concert is open to all Ela Township residents and their guests. There is no cost for this program, but you are asked to bring canned goods or non-perishable boxed food items for admission to this special event. These donations to St. Francis de

Sales Food Pantry help feed the needy in our community. Space is limited so you must pre-register on the registration form at the end of this Newsletter, or by calling the Ela Area Public Library at 847-438-3433. This special event is co-sponsored by Ela Township and the Ela Area Public Library.

TRIPS

"A Fireside Christmas", Fireside Dinner Theater, Ft. Atkins, Wi., Thursday, December 9, 9:00 a.m.-6:00 p.m.



Christmas is a time for traditions. A cherished tradition for many families, this show promises to be a spectacular musical celebration that features time-honored favorites to bright new dances. Growing more wondrous with each passing year, A Fireside Christmas will treat us to the best of the Holiday season in song, dance and story, both secular and sacred. Hear the music, feel the excitement and find in your heart the true spirit of Christmas. The memories will last all year.

The menu consists of: Chilled Gulf shrimp with cocktail sauce, seafood salad and Swedish Gravlax, house cured thinly sliced fresh Atlantic salmon-rye bread, freshly baked breads from the Fireside Ovens, skinless breast of chicken, lightly breaded, sautéed and crowned with corned beef, caramelized leeks, Jarlsberg Swiss cheese over a Marsala wine sauce, scalloped potatoes and fresh asparagus spears, baked Roma tomato ala Provencal, a medley of fruits into an almond lace basket garnished with whipped cream and English toffee presented on Crème Anglaise, flavored with Grand Marnier, plus non-alcoholic beverages-coffee, tea or milk.

The cost for this Christmas show, luncheon and deluxe transportation is \$53.00 per member & \$56.00 per guest.

"Swing On A Star", Fireside Dinner Theater, Thursday, January 20, 9:00 a.m.-6:00 a.m.

It was a time of greatness, when legendary stars lit up the skies. It was a time of Sinatra, Crosby, the Andrew Sisters, the Marx Brothers, Abbott and Costello, Fred Astaire and Ginger Rogers, the Nicholas Brothers, Jimmy Dorsey, Benny Goodman, Count Basie, Louis Armstrong, Tommy Dorsey, and Glenn Miller. It was time



when swing was king! And you can be transported anew to that wonderful time in this brand new, original, musical extravaganza. It's all there-the sights, the

sounds, the laughter, the dancing, and most especially the music! Young and old alike will cheer as this immortal era is brought to life again by a spectacularly talented cast of performers including the Fireside's own LIVE big band!

The menu consists of: Cream of Shitake mushroom soup, freshly baked breads, chicken Vienna-skinless breast of chicken, rubbed with seasoned fresh bread crumbs, sautéed to a golden brown, topped with hickory smoked ham, French Boursin and Jalsberg Swiss cheese and Dijon mustard, presented on a Madeira demi-glaze sauce, signature sweet potato soufflé with pecan crust, sugar snap peas, and chocolate lava cake, and a non-alcoholic beverage.

The cost for this Swing On A Star play, luncheon and deluxe transportation is \$53.00 per member & \$56.00 per guest.

EDUCATION EDUCATION EDUCATION EDUCATION EDUCATION

Art Class, Tuesdays, December 7 & 21 & Jan 4 & 18, 10:30 a.m., Ela Township Senior Center in the Foglia "YMCA"



Our very own Diane Joseph Feldman will teach basic principles of drawing and sketching, colored pencils and watercolors. We have a few openings for this special class. There is a \$5 monthly fee.

Gingerbread House, Monday, December 6, 10:00 a.m., Ela Township Senior Center in the Foglia "YMCA"



Put together a lovely Gingerbread

House under the guidance of one of our members, Nancy Stephens. The kit includes all the materials needed to put together a full house with chimney, and enough candy to decorate the house and yard. We suggest you dress casually and bring a box or carrying case to ease transporting your completed gingerbread house. The fee is only \$8.00 per kit and there is a 15 person limit.

Life Story Writing, Village Bank & Trust Board Room, 444 N. Rand Road, North Barrington, Wednesdays, December 15, & 29 January 5 & 19, 10:00 a.m.-11:30 a.m.

Recalling the past, informing the present and guiding the future, is the theme of our writing your life-story class. Members have fun writing and sharing anecdotes of their lives while



learning how to focus and organize the stories. These writings will be cherished gifts to their families. This ongoing class meets twice a month

and may be joined at any time. There is a \$5.00 monthly fee.

Needlework, Ela Township Senior Center in the Foglia "YMCA," Friday, December 17, and Friday, January 21, 10 a.m.-11:30 a.m.

Do you find you put off mending or hemming? Is your closet filled with half finished hand needlework projects? Have you always wanted to learn

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EDUCATION EDUCATION EDUCATION EDUCATION EDUCATION

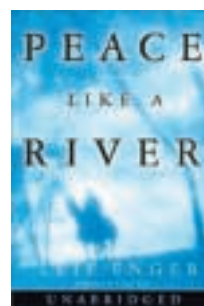
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some skill, such as needlepoint, cross stitch, hand quilting, but were waiting for someone to teach you? If your answer is "yes" to any of these questions, this group is for you. Sit back and enjoy the coffee, treats and camaraderie as you work on a project of your own choosing. **You must provide your own project materials.** Our experienced instructors, Pat Jansen and Linda Perkins, will be on hand to assist

you with your projects. There is no charge for the needlework class, but we ask that you pre-register.

Senior Book Discussion, Ela Area Public Library in Meeting Room A, (There is no book discussion in December) Monday, January 24, 2005 9:30 a.m.-11 p.m.

Join our lively gathering on the fourth Monday of the month for thoughtful discussion, refreshments and laughter. The novel entitled



Peace Like A River is an epic of generosity and heart. The story of a father raising his three children in 1960's Minnesota is at once a heroic quest, a tragedy, a love story, and a meditation on the possibility of magic in the everyday world.

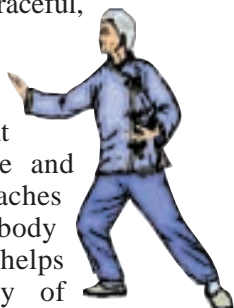
Publishers Weekly gave this book the following review. "This is a stunning debut novel, one that sneaks up on you like a whisper and warms you like a quilt in a North Dakota winter; a novel about faith, miracles and family that is, ultimately miraculous."

You can sign up with the Library's Readers Services Desk at 1-847-438-3433. Books for this class are reserved at the library for participants. There is no charge for this book discussion but you must pre-register.

SPORTS SPORTS SPORTS SPORTS SPORTS

Tai Chi, Ela Township Senior Center, Foglia YMCA, All Thursdays in December & January (except for December 23rd) 10:00 a.m. - 11:00 a.m.

Tai Chi is a graceful, balance related movement and is considered one of the most important forms of exercise and meditation. It teaches awareness of body movements and helps discover harmony of



mind and spirit. This practice improves circulation and strengthens bone and muscle. Sylvester Marshall is our Tai Chi instructor. The monthly fee of \$15.00 must be paid in advance. There is no refund if a participant is unable to attend all the sessions

Swinging Seniors Exercise Class, All Tuesdays in December & January, 9:30 a.m.- 10:15 a.m.

This program is offered in conjunction with the YMCA. Kim Piers, Health Enhancement Director of the Foglia YMCA, leads the class in light



stretching and walking exercises to music. This class is held in the Ela Township Senior Center. The monthly fee is \$10.00. Pre-registration is required. There is no refund if

a participant is unable to attend all the sessions.

Commit To Be Fit Level I & II, Foglia YMCA Wellness Center, All Tuesdays and Fridays in December & January (except December 24 & 31) - 1:00-3:00 p.m.

Commit To Be Fit is a six session orientation and supervised workout on the exercise machines in the Wellness Center of the Foglia YMCA. This program is geared for mature adults, who may or may not be familiar with fitness equipment

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Photos by Elaine Geffert



Photos by
Elaine
Geffert



CHRISTY'S CORNER COLUMN

**By Christy Wagner,
Outreach Coordinator,
Ela Area Library**

'Tis the season when busy people tend to become even more frantic with demands that holidays can bind us to. This year, take a break from the hectic rush and make time to refresh your spirit...bring your cup of coffee or cocoa to our second floor reading room and enjoy a favorite holiday book next to our cozy fireplace. Be sure to visit our display of over 50 holiday magazines that offer ideas for seasonal decorating and cooking near the Readers' Services Desk on the first floor.

During the month of December, our Circulation Department accepts donations of food for late items you're returning. "Food for Fines" is a win/win opportunity for our patrons," explains Circulation Head Susan Burke. "Our patrons can erase current fines with a donation of food items which go to support the food pantry at St. Francis de Sales Church, so by returning late materials they are helping themselves and someone else!"

The Friends of Ela Library offer another opportunity to reach out to the community through their tradition of the Mitten Tree located in the main entrance next to the Information Desk. Donations of hats, scarves and mittens are hung on the tree from Dec.6-Jan3 and then taken to area shelters.

A tradition continues on December 17 when the Lake Zurich High School BARE Voices share their holiday program at 1:00 p.m. . Homemade holiday cookies and hot cider round out the afternoon.

So whether you're looking for a respite from the rush of the season, inspiration to appreciate the season or an opportunity to contribute to the season, you can find a bit of each at Ela Area Library! I hope I see you at the library this holiday season.

*Peace,
Christy*

SPORTS SPORTS SPORTS SPORTS SPORTS SPORTS SPORTS

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and wish motivational coaching. The workout is designed to the individual's goals and abilities. Commit To Be Fit is held on Tuesdays and Fridays between 1:00 and 3:00 p.m. **The fee is \$15.00 per participant. Members must pre-register. These checks must be made out to the Foglia YMCA and turned in at the front desk of the YMCA.**

Open Track, Ela Township Senior Center in the Foglia YMCA, all Wednesdays & Fridays in December & January (except Friday, December 24 and Friday, December 31)-9:00-10:00 a.m.

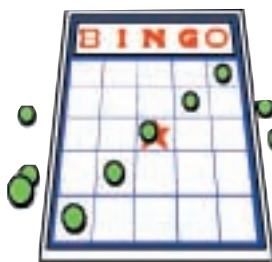
Participants are invited to walk the Foglia YMCA's open track in the gym. Members are asked to sign in at the Senior Center first. There is no fee for this program, thanks to generous support of the Foglia YMCA.



GAMES GAMES GAMES GAMES GAMES GAMES GAMES GAMES GAMES

Lunch Bunch Super Bingo, Ela Township Senior Center in the Foglia YMCA, All Thursdays in December & January (except Thursday, Dec. 23)

The Lunch Bunch will host a "Super Bingo" immediately following lunch. Special prizes will be awarded, such as store coupons, treats, and presents. A \$1.00 donation for Bingo will be collected.



**Bridge Group
Ela Township Senior Center in the Foglia YMCA,
All Tuesdays in December & January, 12:30-3:30 p.m.**

People with different skill levels are encouraged to come to this fun activity. Snacks will be provided. There is a \$1.00 fee for this group. You need to sign up for this activity. If you have questions, please call Sue Neuschel at 847-438-9160.



Poker Group, All Tuesdays in December & January at Ela Township Senior Center in the Foglia YMCA, 10:30 a.m.-12:00 N.

Our poker group plays from 10:30 a.m.-12:00 N. If you would like to eat lunch at the Center, please make reservations one week prior. There is no charge for this group and snacks will be provided. If you have questions, please call Nancy Newman or Sue Neuschel at 847-438-9160.



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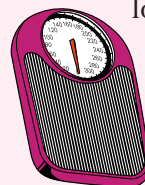
Naprapathy, Monday, December 13 and January 17, 9:30 a.m.-3:30 p.m. at Ela Township Senior Center in the Foglia YMCA

Dr. Greg Shopshire from the Safe Waters Health Care Clinic in Lake Zurich, will give free naprapathy sessions for members of Ela Township "55 Plus". Naprapathy helps with the joints, ligaments, and promotes circulation. There is no cost for this clinic but we ask that you pre-register. Drop-ins will be accepted after registrants are taken care of.



Weight Watchers, Ela Township Senior Center, Foglia YMCA, All Wednesdays in December & January, 9:00-10:00 a.m.

Weight Watchers has found a home at the Ela Township Senior Center located at the Foglia YMCA. Weigh in begins at 9:00 a.m. followed by a meeting conducted by Cyndi Smith. Weight Watchers provides a fun and safe atmosphere where you can learn to make changes to become a healthier, thinner new you. For information, call 1-800-651-6000. The cost per week is \$9.95, which is payable at the door.



Care Coach, Ela Township Senior Center, Foglia YMCA, Lake Zurich, Tuesdays, December 14 and January 11, 10:00 a.m.-1 p.m.

The Care Coach from Lake Forest will be screening blood pressure, blood sugar testing, lung function, and cholesterol, from 10 a.m. to 1p.m. There is no charge for this service. Patients are taken on a first come, first serve basis.



RESERVATION FORM

Please detach and mail reservations with SEPARATE CHECKS FOR EACH EVENT or ACTIVITY to Ela Township "55 Plus", 99 E. Main Street, Lake Zurich, IL 60047; or bring your reservations to the Senior Center at the Foglia YMCA. If you have any questions, please call us at 847-438-9160. Please sign up for December and January events right away. December events must be paid when you sign up! January events must be paid by December 15. Since space for events and programs is limited, reservations are accepted on a first come, first served basis.

DECEMBER 2004 CALENDAR

- ☐ Aladdin, The Musical, Tues. Dec. 28, \$2.00 per person
- ☐ Art Class, Tues., Dec. 7, & 21 - \$5.00 a month (must pay for whole month)
- ☐ Bridge, All Tues., - \$1.00 donation at door
- ☐ Care Coach, Tues., December 14 - FREE
- ☐ Commit To Be Fit I, All Tues & Fri., except Dec. 24 & 31 - (PAY YMCA)
- ☐ Commit To Be Fit II, All Tues. & Fri., except Dec. 24 & 31 - (PAY YMCA)
- ☐ Fireside Christmas Musical Trip, Thurs. Dec.9-\$53.00 per member, \$56.00 per guest
- ☐ Gingerbread House, Mon., Dec. 6, \$8.00 per person
- ☐ Holiday Dinner Dance, Fri. Dec. 3, - FREE
- ☐ Life Story Writing, Wed., Dec. 15 & 29 - \$5.00 a month
- ☐ Lunch Bunch Super Bingo, All Thurs. except Dec. 23 - \$1.00 donation at door
- ☐ Naprapathy, Mon., Dec. 13 - \$3.00 donation requested
- ☐ Needlework, Fri., Dec. 17 - FREE
- ☐ Open Track, All Wed. & Fri., except Dec. 24 & 31 - FREE
- ☐ Poker Group, All Tues., - FREE
- ☐ Red Hat Meeting & White Elephant Grab Bag, Fri. Dec. 10 - FREE
- ☐ Swinging Seniors Exercise Class, All Tues. - \$10.00 per month
- ☐ Tai Chi, all Thurs. except Dec 23, \$15.00 cost per month (Must pay for total month)
- ☐ Wednesday Senior Club, All Weds., (Call for information)
- ☐ Weight Watchers, All Weds., - \$9.95 per week



JANUARY 2005 CALENDAR

- ☐ Art Class, Tues., January 4 & 18 - \$5.00 cost per month (Must pay for total month)
- ☐ Bridge Group, All Tues., - \$1.00 donation at door
- ☐ Buca di Beppo, Thurs. Jan 13 - \$15.00 per member, \$18.00 per guest
- ☐ Cajun, Hot, Hot, Hot, Sun. Jan 30 - Free
- ☐ Care Coach, Tues. Jan. 11, - FREE
- ☐ Commit To Be Fit I, All Tuesdays & Fridays (Pay YMCA)
- ☐ Commit To Be Fit II, Tuesdays & Fridays, (Pay YMCA)
- ☐ Life Story Writing, Wed., Jan 5, 19 - \$5.00 a month
- ☐ Lunch Bunch Super Bingo, All Thursdays, - \$1.00 donation at door
- ☐ Naprapathy, Mon. Jan. 17 - \$3.00 donation requested
- ☐ Needlework, Fri. Jan 21 - FREE
- ☐ Nightclub at Noon, Fri. Jan. 28-\$4.00 per person
- ☐ Open Track, All Wed. & Fri. - FREE
- ☐ Poker Group, All Tues. - FREE
- ☐ Red Hat Meeting - High Tea, Fri. Jan 7, \$2.00 for paid members, \$6.00 for guests
- ☐ Senior Book Discussion, Mon. Jan 24 (Please register at Library) FREE
- ☐ Swing On A Star, Fireside Dinner Theater Trip, Thurs., Jan 20-\$53.00 per member, \$56.00 per guests
- ☐ Swinging Seniors Exercise All Tuesdays, - \$10.00 per month
- ☐ Tai Chi, All Thursdays - \$15.00 cost per month (Must pay for total month)
- ☐ Wednesday Senior Club, All Wednesdays (Call for information)
- ☐ Weight Watchers, All Wed., -\$9.95 per meeting



Name _____

Phone _____

Name _____

Phone _____

Ela Township Senior Center

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Lake Zurich, IL 60047
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Ela Township "55 Plus"

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**Door-to-Door****Bus Service**

847-438-6677

Ela Township Officials

Kimberly Tinerella, Supervisor
Lucy Prouty, Clerk
Pamela J. Hoffman, Assessor
William Kruckenberg, Hwy. Commissioner

Trustees

Brian Burch David Knudtson
Mimi Black Michael P. Sullivan

LOOK INSIDE FOR THESE NEW PROGRAMS

- *Events:* Happy Holidays Show and Dinner Dance
- *Events:* Alladin, the Musical
- *Events:* Bucca di Beppo Restaurant
- *Events:* **Nightclub in the Afternoon & Luncheon**
- *Events:* Red Hat Society, Ela's Divas
- *Events:* Wednesday Senior Club
- *Events:* **Cajun Hot, Hot, Hot**
- *Trip:* "A Fireside Christmas", Fireside Dinner Theater, Ft. Atkins, Wi.
- *Trip:* "Swing On A Star", Fireside Dinner Theater

a photo for nightclub in
the afternoon goes here



Happy
Holidays!



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